# Beyond Stevia: Are protein sweeteners the Next Big Thing?

John C. Fry, PhD, Director



info@sweetenerguru.com



May 24-25, 2022

#### **Outline**

- Requirements for success
- Candidate proteins
- How do they match up?

# **Requirements for success**

- Regulatory approval- safety
- Good taste

- Practical utility
- Acceptable cost

# **Cautionary tale: monatin**



- amino acid related to tryptophan
- natural origin
- great taste, high potency
- history of human use

"...well tolerated at high dietary concentrations, not genotoxic/mutagenic, carcinogenic, or overtly toxic."\*

"significant" ECG effects\*

# Likely extra assessments

Protein digestibility
In vitro simulated gastric fluid

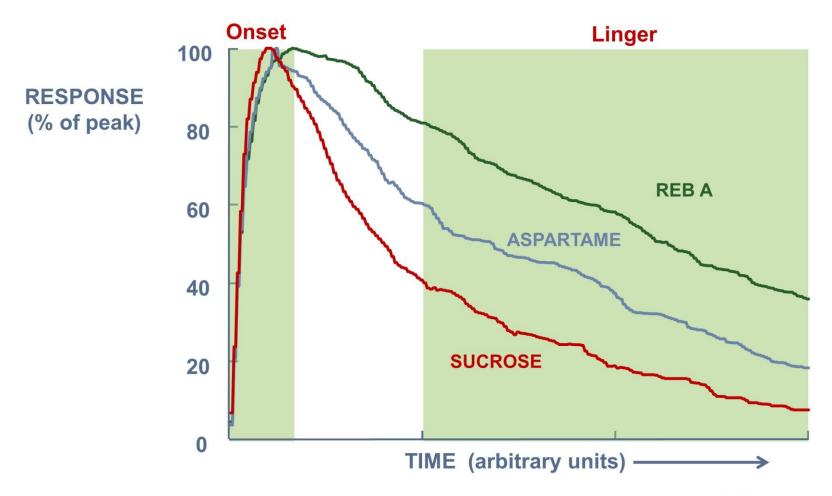
Allergenicity
Compare amino acid sequence against known allergens

Toxigenicity
Compare amino acid sequence against known toxins

# **Requirements for success**

- Regulatory approval
  - safety
- Good taste
  - sweetness quality, dynamics
- Practical utility
- Acceptable cost

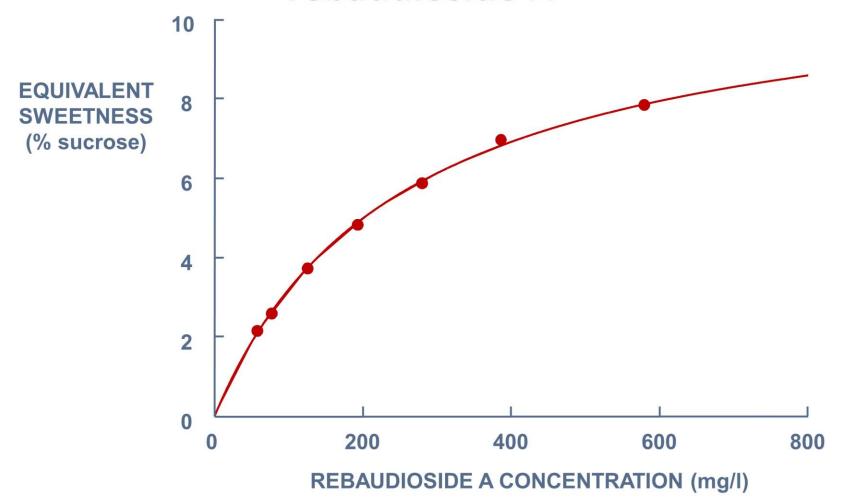
# Intensity/time, ~8% sucrose equivalent



# **Requirements for success**

- Regulatory approval
  - safety
- Good taste
  - sweetness quality, dynamics
- Practical utility
  - solubility, stability
- Acceptable cost
  - potency

# Concentration—response of typical HPS: rebaudioside A

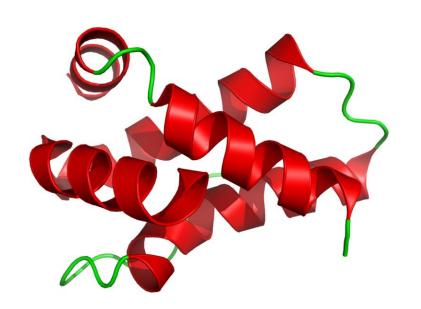


# Potency declines as HPS concentration rises (e.g. rebaudioside A)



# Beware how potency is expressed

# Mabinlins potency "100-400" on a molar basis



Even if mabinlin 2 (10.4 kDa) were 400x sucrose on molar basis....

= 13x on a weight basis

# **Requirements for success**

- Regulatory approval
  - safety
- Good taste
  - sweetness quality, dynamics
- Practical utility
  - solubility, stability
- Acceptable cost
  - potency

#### **Outline**

- Requirements for success
- Candidate proteins
  - How do they match up?

# **Candidate proteins**

Sweetener	Source		
Brazzein	Plant	Pentadiplandra brazzeana	
Curculin/neoculin	Plant	Curculigo latifolia	
Lysozyme	Animal	Eggs of hen, turkey, duck, quail	
Mabinlins	Plant	Capparis masakai	
Miraculin	Plant	Richardella dulcifica (Synsepalum dulcificum)	
Monellin	Plant	Dioscoreophyllum cumminsii, D. volkensii	
Pentadin	Plant	Pentadiplandra brazzeana	
Thaumatin	Plant	Thaumatococcus daniellii	
Designer proteins	Lab		

# **Candidate proteins**

Sweetener	Main issues	
Brazzein		
Curculin/neoculin	Not heat stable, poor dynamics, taste interactions with acid	
Lysozyme	Low potency (10-20x)	
Mabinlins	Low potency (10-13x)	
Miraculin		
Monellin	Not heat stable, poor dynamics	
Pentadin	Potency about 25% of brazzein & lower quality sweetness. Breakdown product of brazzein?	
Thaumatin		
Designer proteins		

#### **Outline**

- Requirements for success
- Candidate proteins



• How do they match up?

**Thaumatin** 

Miraculin

Brazzein

Designer proteins

#### Thaumatococcus danielli, Katemfe fruit

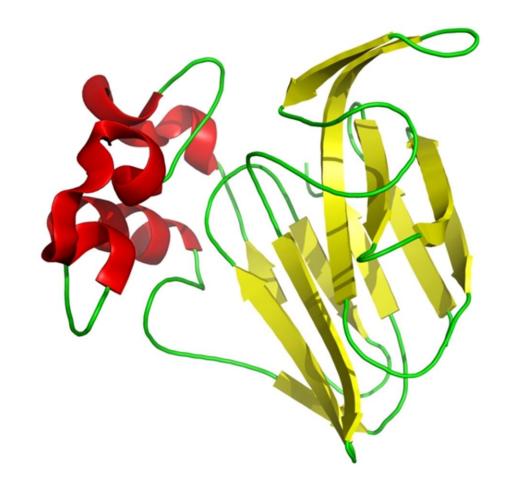






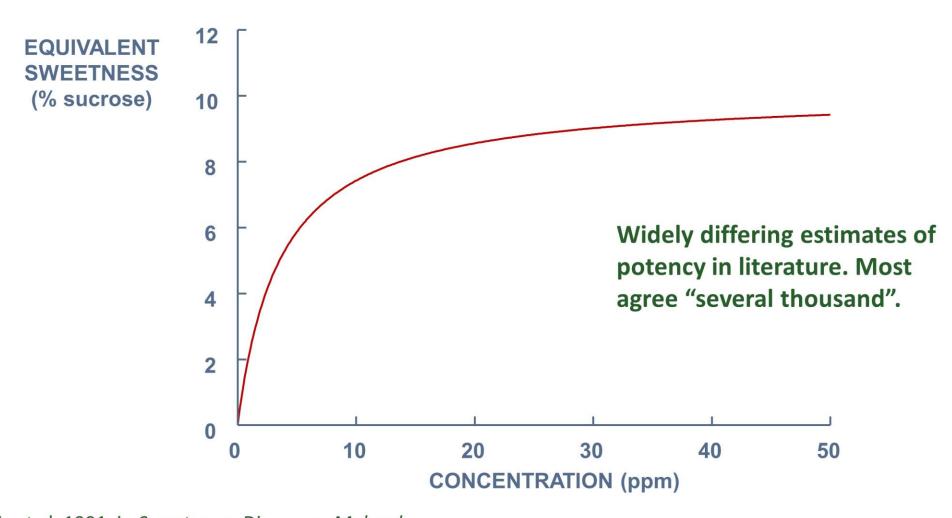
Wild shrub: Nigeria, Ghana, Cameroon & Ivory Coast

## How do they match up?



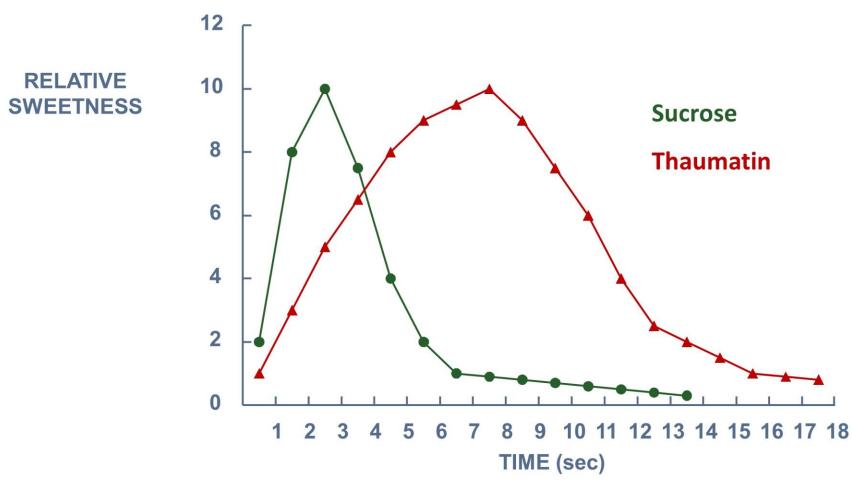
- Mixture of proteins
- 5 isoforms I, II, III, a, b
   mainly I & II
- All sweet
- 207 amino acids, 22.2 kDa
- ~6g thaumatin/kg wet fruit

# Concentration-response of thaumatin



# Thaumatin dynamics: very slow onset & long linger

(Concentrations not given)



- Regulatory approval
  - safety
- Good taste
  - sweetness quality, dynamics
- Practical utility
  - solubility, stability
- Acceptable cost
  - potency

#### **Thaumatin status**

USA FEMA GRAS #3732 EU E957, good safety data

Licorice side taste

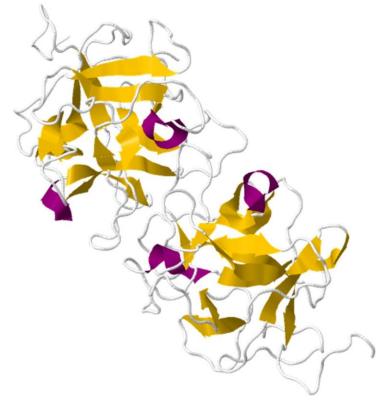
Very poor dynamics

Commercially available V. soluble, stable

Acceptable High potency

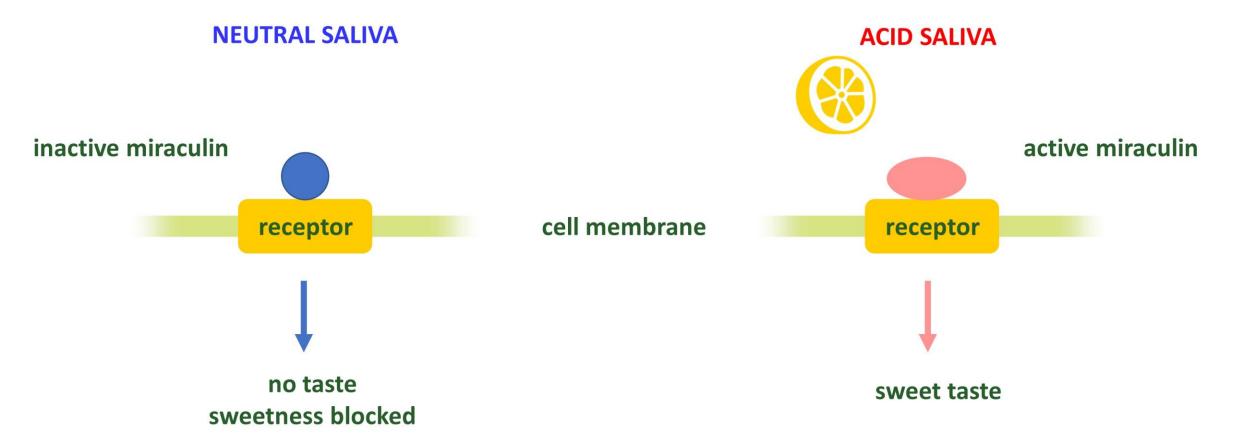
#### Richardella dulcifica (Synsepalum dulcificum), Miracle fruit





- Glycoprotein
- Tetramer of 2 dimers
- 191 amino acids, 24.6 kDa
- not sweet itself
- sweet with acids

#### How miraculin works



#### How miraculin works



- Regulatory approval
  - safety

- Good taste
  - sweetness quality, dynamics
- Practical utility
  - solubility, stability
- Acceptable cost
  - potency

#### Miraculin status

EU dry berry = novel food FDA: "Insufficient safety

data"

Good quality taste<br/>Very poor dynamics

Practicality dubious Soluble, stability?

Cost?

Potency?

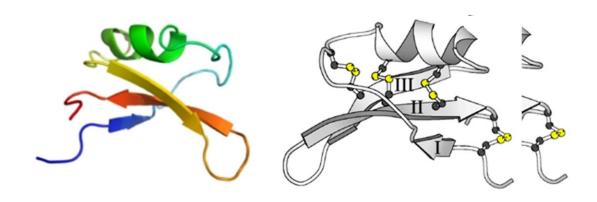
### Pentadiplandra brazzeana





Grows wild: Angola, Congo, Central African Republic, Cameroon, Gabon and Nigeria

## How do they match up?

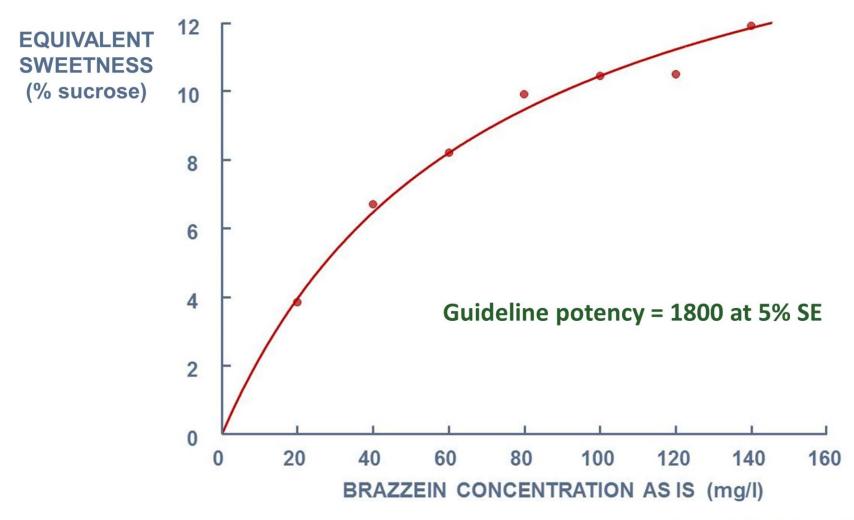


Pulp round seeds = 0.05 – 2% brazzein Low molecular weight (6.5 kDa) protein

Туре	Amino acids	Stability	Notes
1	54	stable	v. slow onset licorice
2	54	unstable → type 1	
3	53	stable	most potent faster onset little licorice

3 types

# Concentration—response type 3 brazzein



- Regulatory approval
  - safety
- Good taste
  - sweetness quality, dynamics
- Practical utility
  - solubility, stability
- Acceptable cost
  - potency

#### **Brazzein status**

No approval

No safety data

Good quality taste

Poor dynamics

V. soluble, stable at 98°C, wide pH range

Cost?

High potency

#### **Outline**

- Requirements for success
- Candidate proteins



• How do they match up?

**Thaumatin** 

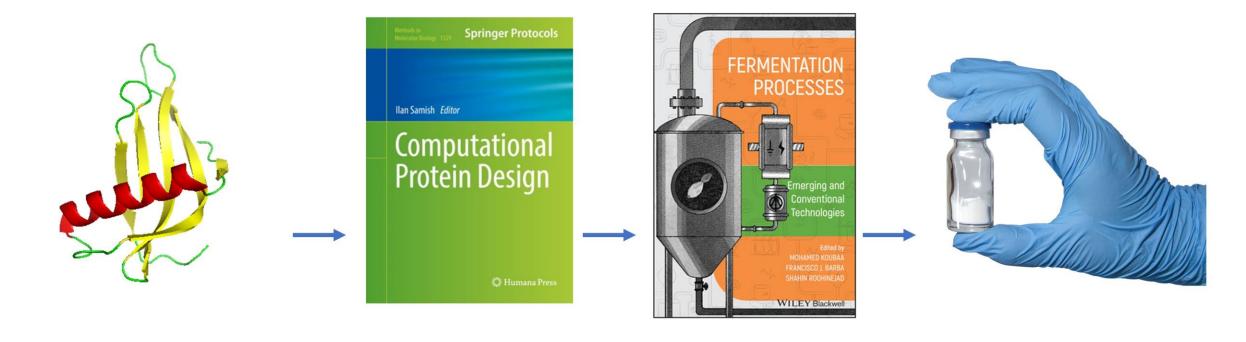
Miraculin

Brazzein

Designer proteins

## How do they match up?

# What are "designer sweet proteins"?



Take natural protein e.g. monellin

Change structure to improve properties

Produce new protein by fermentation in host organism

Mutant "designer protein"

# How do they match up?





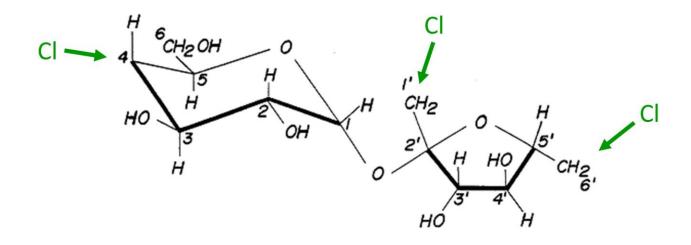
#### Pro

- possibility to engineer out defects of natural protein sweeteners
- fermentation "easily" scaled up
- high potencies available → cost effective

#### Con

- not found in nature
- consumer reaction untested

# "70-100% identical to sweet proteins found in nature"



sucralose

Sucralose molecular weight = 397.6 g/mol

3 chlorines in sucralose = 106.4 g/mol

% chlorine by weight = 106.4/397.4 \*100 = 26.75% of molecule

Sucralose is (100-26.75) = **73.25% nature identical** 

# How do they match up?

- Regulatory approval
  - safety
- Good taste
  - sweetness quality, dynamics
- Practical utility
  - solubility, stability
- Acceptable cost
  - potency

# Designer proteins status

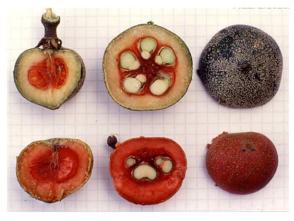
No approval (yet)
No safety data (yet)

Probably good quality taste

Claimed good, little evidence (yet)

## **Summary**









#### **Thaumatin**

Established success More flavor enhancer than sweetener

Brazzein

Promising, but dynamics issue
No safety yet

# Miraculin & others of natural origin Currently no realistic prospects

Designer proteins