

Polyol Structure Impacts Functional Properties

What are the choices?

Monomers

Sorbitol, mannitol,
xylitol, erythritol

Dimers

Maltitol, lactitol,
isomalt

Mixtures

Maltitol syrup,
polyglycitol (HSH)

Whether a polyol is a monomer, dimer or a mixture of molecules with differing numbers of carbohydrate units influences their physiochemical properties. The dimers maltitol, lactitol and isomalt have certain properties similar to the dimers sucrose and maltose.