

Reduced-Sugar Cookie Formulation

Ingredient	Original	Reduced-Sugar
Sugar	20%	12%
Flour	30%	34%
Fat	10%	13%
Water	10%	11%

Taking sugar out of a formulation requires replacing it with other ingredients. A good place to start is by rebalancing the fat, flour and water in the formula. Sweetness can be adjusted using heat-stable, high-potency sweeteners.